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Times

The Official News Letter of Indian Orthodontic Society

H A P P Y N E W Y E A R

Reaches us @ editoriostimes@iosweb.net

A large, 3D, metallic gold '2023' is the central focus, set against a night sky filled with colorful fireworks in shades of blue, purple, and white. Two gold and black striped balloons are visible on the left and right sides of the numbers. The background also shows a city skyline at the bottom, illuminated by the warm glow of a sunset or sunrise.

2023

HAPPY NEW YEAR, I WISH YOU ALL THE BEST



President's Message

Wishing all our Members and their families a Very Happy 2023...!

The kick start of new year brings us with every week one of power packed calender events.

We have made it possible to make some programmes of common interest to post graduates and faculties pan India to continue in Virtual mode.

This year we plan to start Online Aligner Masterclass to help our members work more effectively with proper essence of biomechanics.

Scientific integrity is the backbone Research. In the first week of December IOS along with Zamia Millia Islamia University, New Delhi organised one of a kind "Art & Science of Crafting Standout Research" programme which was very appreciated by all the attendees.

We applaud the efforts made by the Faculty, Department of Dentistry. The Online IOS Practice management Series is a eye opener for the fresh graduates.

Thanks to the faculty for all their time and the team academic council for their Valiant Efforts.

Our energetic team of Principal Office Bearers and Executive Committee Members have made all plans to keep you busy with Various National, Study groups and Institutional Activities.

We look forward to year of Knowledge Dissemination, polishing of Skill Set and Professional Excellence.

Jai Hind, Jai IOS

Best Wishes & Lots of Love to You & Your Families for a Healthy, Happy, Eventful and Enterprising New Year 2023.

Regards

Dr. Balvinder Singh Thakkar

President,
Indian Orthodontic Society



The start of new year is the right time to revisit our milestones of the progress and celebrate achievements of our organization. Year 2022 was significant as IOS had resumed all its activities in physical mode. We excelled in reaching out to public to generate awareness with pan India campaign with orthodontic month celebration.

I welcome all new 600 members who joined this wonderful speciality of Orthodontics in last two months. This month was also full of academic activity. Study groups are important pillars of IOS. We at head office have ensured support by two industry partners for their activities. We are working at different levels especially with Govt and regulatory bodies for future tie ups and support.

Preparation of 26th PG convention Lucknow ,is in full swing. Participation of new Postgraduates are on overwhelming, we received 1520 scientific papers and posters.

Today, I strongly urge and believe that 2023 will be one of the best years for IOS and we will not leave any stone unturned to take our organization to different level. Lets all of us come together and put our sincere efforts to take IOS to greater heights.

Again, there is alarm of another spell of Covid-19 pandemic and I am sure we will face it with more strength, less panic and greater preparedness. Today we all are more connected and can take care of each other and our loved ones if any such situation arise in future.

Wishing everyone again a very happy new year 2023

Jai IOS, Jai Hind

Sincerely,

Prof. (Dr.) Sanjay Labh

Hon. Secretary, IOS

Secretary's Message



Editor's Message

January is named after the roman God Janus “the god of beginnings and transitions “. January is the winter month that brings the new year with new opportunities, new things ,new abilities, new resolutions and much more .

On behalf of the editorial team ,we would like to extend warm greetings to all the members on this new year. We have to keep maintaining a positive spirit living in an environment filled with uncertainty.

With this new year and new beginning, let's try to remember the fact that change is the only constant.

We are delighted to receive immense number of applications for IOS protect program ,members who were unable to make it this time can enroll for the next slot in the coming month.

Each issue of IOS times is actually a milestone that marks our growth ,unfolds our imagination and presents a beautiful mosaic of activities and creative talent of our members, highlighting their success and achievements.

At IOS times, we continue with our mission to provide as much information and insight as we can, and also giving our readers access to the personal journeys of people who have made a mark in the field.

On this aspiring note, I would say “ The new year stands before us, like a chapter in a book, waiting to be written.

Regards

Dr Santosh Ramegowda

Editor

IOS Times

Reaches us @ editoriostimes@iosweb.net

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Dr Sarabjeet Singh



Dr Kannan Sabapathy

Event	Date	Day	Venue	Contact Person	Phone No	Email ID
1ST EC MEETING	18th SEPT 2022	Sunday	PUNE	DR. JAYESH RAHALKAR	9822056681	jayeshrahalkar@gmail.com
NATIONAL ORTHODONTIC WEEK / ORTHODONTIST DAY	1 th -7 th OCT 2022 5 th OCT 2022	Saturday - Friday	PAN INDIA	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
PRACTICE MANAGEMENT SERIES	16 th OCT 2022	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgaurav@gmail.com
IOS FRIDAY RENDEZVOUS	28 th OCT 2022	Friday	VIRTUAL	DR AJAY KUBAVAT	9824122642	kubavatajay@gmail.com
IBO AWARENESS PROGRAM	19 th NOV 2022	Saturday	JAIPUR	DR ASHWIN MATHEW DR SALIL NENE	9840032771. 9822871387	ibochairman@iosweb.net ibosecretary@iosweb.net
2ND EC MEETING	20th NOV 2022	Sunday	JAIPUR	DR BALVINDER SINGH THAKKAR	9829213700	president@iosweb.net
IOS FRIDAY RENDEZVOUS	25 th NOV 2022	Friday	VIRTUAL	DR AJAY KUBAVAT	9824122642	kubavatajay@gmail.com
ART AND SCIENCE OF CRAFTING STANDOUT RESEARCH	2 nd - 3 rd Dec 2022	Friday - Saturday	NEW DELHI	DR HARNEET KAUR	9817467002	dr.harneetkaur@gmail.com
PRACTICE MANAGEMENT SERIES	11 th DEC 2022	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgaurav@gmail.com
IOS FRIDAY RENDEZVOUS	23 rd DEC 2022	Friday	VIRTUAL	DR DEENA DAYALAN	9840895100	dheena.mds@gmail.com
PG ORIENTATION	5 th - 6 th JAN 2023	Thursday - Friday	BELGAUM	DR K M KELUSKAR	9448136832	drkeluskar@gmail.com
ORTHODONTIC PREMIER LEAGUE	18 th - 19 th JAN 2023	Wednesday - Thursday	COORG	DR SANTOSH RAMEGOWDA DR GOUTHAM B	9845428008 9900620536	ramegowdasantosh@gmail.com m drgouthamreddy2000@gmail.com
PHASE II IBO ONLINE EXAMINATION	23 th JAN 2023	Monday	VIRTUAL	DR ASHWIN MATHEW DR SALIL NENE	9840032771. 9822871387	ibochairman@iosweb.net ibosecretary@iosweb.net
REPUBLIC DAY	26 th JAN 2023	Thursday	VIRTUAL	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
NATIONAL INTEGRATED TYPHODONT WORKSHOP(EAST ZONE)	27 th - 29 th Jan 2023	Friday - Saturday - Sunday	KOLKATA	DR PARTHA PRATAM	9163239583	doctorpartha@gmail.com

PRACTICE MANAGEMENT SERIES	5 th FEB 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
IOS PG CONVENTION	16 th – 19 th FEB 2023	Thursday - Friday - Saturday - Sunday	LUCKNOW	DR SUDHIR KAPOOR	9415022735	kapoorclan@hotmail.com
3RD EC MEETING	19th FEB 2023	Sunday	LUCKNOW	DR SUDHIR KAPOOR / DR RAJ KUMAR JAISWAL	9415022735 9415023934	kapoorclan@hotmail.com drrajkumarjaiswal@yahoo.co.in
IOS FRIDAY RENDEZVOUS	24 th FEB 2023	Friday	VIRTUAL	DR REJI ABHRAAM	9947357788	rejiabm@gmail.com
NATIONAL INTEGRATED TYPHODONT WORKSHOP - ADVANCED COURSE	9 th – 11 th Mar 2023	Thursday - Friday - Saturday	INDORE	DR ASHISH GARG DR AMIT BHARDWAJ DR SURYANSH DILLIWAL	9826340056 9826550696 9893064911	drargs_1@yahoo.com dramit2211@yahoo.in
IOS PG ORIENTATION PROGRAM	17 th – 18 th MAR 2023	Friday - Saturday	JAIPUR	DR SEEMA CHOUDHARY DR SAURABH CHATURVEDI	9829125999 9468869266	drseemaortho@gmail.com drsaurabh84@yahoo.com
INTERNATIONAL ORTHODONTIC SYMPOSIUM	24 th – 27 th MAR 2023	Friday - Saturday - Sunday - Monday	COORG	DR SUNIL MUDDAIAH DR ANMOL KALHA DR GOUTHAM B	9448113013 9910017111 9900620536	drsunilmuddaiah@gmail.com anmolkalha@gmail.com. drgouthamreddy2000@gmail.com
WILD LIFE PHOTOGRAPHY	31 st Mar- 2 nd Apr 2023	Friday - Saturday - Sunday	RANTHAMBOR E	DR RAGHUNANDAN CHANDURI/ DR ARIHANT JAIN	9845187614. 7417670908	drraghucvl@yahoo.com arihantjainortho@gmail.com
ROAR (RAMACHANDRA ORTHODONTIC ACCELERATED REVIEW)	3 rd – 5 th Apr 2023	Monday - Tuesday - Wednesday	VITUAL	DR. VIGNESH KAILASAM DR SRIDEVI P	9840237177 9600077428	theorthodontist@gmail.com sridevipadu@gmail.com
NATIONAL INTEGRATED TYPHODONT WORKSHOP	6 th – 8 th Apr 2023	Thursday - Friday - Saturday	GHAZIABAD	DR PAYAL SHARMA / DR PIUSH KUMAR	9212708451 9811307935	drpsharma25@yahoo.com piushkumardf@its.edu.in
MID-YEAR CONVENTION	12 th APR – 19 th APR 2023	Wednesday - to Next Wednesday	ITALY (ROME, FLORENCE, VENICE)	DR BALVINDER SINGH THAKKAR DR DIVYAROOP RAI	9829213700 8233625656	doctorbalvinder@gmail.com dr.divyaroop@gmail.com
NATIONAL TYPHODONT WORKSHOP(SOUTH ZONE)	20 th – 22 nd APR 2023	Thursday - Friday - Saturdays	CHENNAI	DR C DEEPAK	9840060745	drcdeepak1307@gmail.com
PRACTICE MANAGEMENT SERIES	7 th MAY 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatajay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
WORLD ORTHODONTIC HEALTH DAY	15 th MAY 2023	Monday	PAN INDIA	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
INTERDISCIPLINARY ORTHODONTICS SYMPOSIUM	20 th MAY 2023	Saturday	HYDERABAD	DR SHUBHAKAR RAO	9949095427	shubhaker@gmail.com
4TH EC MEETING	21st MAY 2023	Sunday	HYDERABAD	DR SHUBHAKAR RAO	9949095427	shubhaker@gmail.com
IOS FRIDAY RENDEZVOUS	26 th MAY 2023	Friday	VIRTUAL	Dr A EDEINTON ARUMUGAM	9841121575	edeinton@gmail.com
IOS SYMPOSIUM ON CLINICAL CASE REPORTS (GRANDEUR II)	5 th – 6 th JUN 2023	Monday - Tuesday	VIRTUAL	DR SURYAKANTA DAS	9861099237	orthosuryakantadas@gmail.com

SOUTH ZONE PG CONVENTION	8 th – 10 th JUN 2023	Thursday-Friday - Saturday	SALEM	DR SABRINATHAN. DR PRABHAKAR KRISHNAN DR R RANGANATHAN	9843190022 9843688271 8489988999	orthosat@gmail.com
NATIONAL TYPHODONT WORKSHOP(WEST ZONE)	16 th – 17 th JUN 2023	Friday-Saturday	Ahmedabad	Dr Alap Shah	8347914866	alap@ksd.ac.in
ORTHO GEDI	23 rd – 24 th JUN 2023	Friday - Saturday	AMRITSAR	DR SARABJEET SINGH DR SUKHDEEP SINGH KAHLON DR CHETAN DEV BOPARAI	9876061283 9888897473 8566031983	sarabjeet3400@yahoo.com singhkahlon@yahoo.com drchetandevsingh@yahoo.co.in
IOS FRIDAY RENDEZVOUS	30 th JUN 2023	Friday	VIRTUAL	DR UDAY KUMAR DIGUMARTHI	9949818001	drsaiuday@gmail.com
PRACTICE MANAGEMENT SERIES	9 th JUL 2023	Sunday	VIRTUAL	DR AJAY KUBAVAT DR SIDDHARTH SHETTY DR GAURAV GUPTA	9824122642 9980044933 9860467872	kubavatjay@gmail.com drsidshetty@gmail.com drgauravg@gmail.com
INNOVATION CONCLAVE	15 th – 16 th JUL 2023	Saturday - Sunday	VIRTUAL	DR JAYESH RAHALKAR DR RAJAGANESH GAUTAM	9822056681 9890389945	jayeshrahalkar@gmail.com rajaganeshgautam@yahoo.com
2 ND INVISIBLE ORTHODONTICS SYMPOSIUM	21 st – 22 nd JUL 2023	Friday - Saturday	VIZAG	DR SRIKRISHNA CHALASANI	9849477777	orthodontist7@gmail.com
IOS FRIDAY RENDEZVOUS	28 th JUL 2023	Friday	VIRTUAL	DR ANAND TRIPATHI	9422560650	anand.tripathi86@gmail.com
NATIONAL CLEFT AND CRANIOFACIAL ORTHODONTICS PROGRAM	4 th – 5 th Aug 2023	Friday - Saturday	BANGALORE	Dr HEMANTH M DR VIRAG BHATIA	9845459666 9826021997	hemanth984545@gmail.com viragbhatia@yahoo.co.in
DIGITAL ORTHODONTIC-THE FUTURE	12 th – 13 ^h AUG 2023	Saturday - Sunday	AIIMS NEW DELHI	DR RITU DUGGAL / DR PUNEET BATRA	7838390003/ 9810335961	ritudug@gmail.com / drpuneetbatra@gmail.com
INDEPENDENCE DAY	15 th AUG 2023	Tuesday	VIRTUAL	IOS HO / HON. SECRETARY	9829213700 9313483570	president@iosweb.net. secretary@iosweb.net
IOS CHRONICLES (IOS JOURNALS SYMPOSIUM)	18 th – 19 th AUG 2023	Friday - Saturday	VIRTUAL	DR VIGNESH KALAISAM DR SARVARAJ KOHLI	9451570848 9425152568	theorthodontist@gmail.com sarvaraj.kohli@gmail.com
EOGM	14 th SEP 2023	Thursday	MEERUT	HON. SECRETARY- DR SANJAY LABH	9313483570	sanjaylabh@gmail.com
5TH EC MEETING	15th SEP 2023	Friday	MEERUT	DR PRADEEP RAGHAV DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com
57TH INDIAN ORTHODONTIC CONFERENCE	15 th – 17 th SEP 2023	Friday - Saturday - Sunday	MEERUT	DR PRADEEP RAGHAV DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com
AGM	16 th SEP 2023	Saturday	MEERUT	DR PRADEEP RAGHAV/ DR VAIBHAV MISHRA	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com

THE IIND INDIAN ORTHODONTIC SOCIETY EXECUTIVE COMMITTEE MEETING 2022-2023

The 2nd Executive Committee meeting of Indian Orthodontic Society was held at Hotel Sarovar Portico, Jaipur on November 20th, 2022 amidst the august presence of all the Principal office bearers & EC Members. The meeting started with the Honorary Secretary, Dr. Sanjay Labh adorning the jewels of the office on the President – IOS, Dr. Balvinder Singh Thakkar.

The President called the meeting to order and various agendas were discussed. All the matters pertaining to each and every agenda was discussed and deliberated upon by all the members. The Chairmen of various subcommittees presented their quarterly reports during the meeting.

The highlight of this EC meeting was a unique dress code and the famous “IOS KNOT”. Apart from that, from the hospitality extended by the team Jaipur (headed by the President) in welcoming all the EC members to the micro-managing of all the minute details of the facilities, everything was thoroughly appreciated by each and every member present there.



INDIAN ORTHODONTIC SOCIETY
2nd EXECUTIVE COMMITTEE MEET
SUNDAY, 20th NOVEMBER 2022
Hotel Sarovar Premier, Jaipur



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INTERVIEW OF DR SHAILESH DESHMUKH BY DR GAURAV GUPTA,

Associate Editor



1. Sir can we know a little about you and your educational Background

My schooling up to 10th Std. was at the prestigious Loyola High School in Pune and later on, I completed my junior college at Abasaheb Garware College in Pune. Undergraduate and Postgraduate dentistry was at the prestigious Government Dental College and Hospital, Mumbai. I cleared my BDS in 1986 and started my own private clinic in general dentistry. GDC then did not have a

postgraduate orthodontic course mainly due to the lack of any Postgraduate Guide in the subject. After a year and a half of my practice, the Orthodontic postgraduate course in GDC was restarted. My merit withstood the test of time and dictated my admission to this course and I completed my postgraduation in Orthodontics under the guidance of my teacher, guide and mentor Prof. Dr. Keki Mistry in 1992. Later in 2002, I completed my M.Orth. RCS. Edin. UK and my certification from the Indian Board of Orthodontics. I became a Fellow of the Royal College of Surgeons Edin. UK in 2010. It has been a long journey with plenty of struggles.

2. Sir can you tell us who inspired you to be a dental surgeon and when did you decide to be an orthodontist.?



My parents always wanted me to be in the field of Medicine, but unfortunately, I missed my admission to the MBBS course and so I took admission to the Homeopathy course in Pune. 6 months later, I was offered a seat in Dentistry, which I felt was a better career option and so I went to GDC Mumbai to pursue dentistry. And I have never regretted this decision. I must add with pride that Dentistry has given me a lot of satisfaction. After my Final BDS, I was offered admission for postgraduation in other branches of Dentistry but I refused since my only desire was the field of Orthodontics, and so I started my Private practice since there was no postgraduation in Orthodontics. Those days postgraduation in other subjects was not so much preferred. Orthodontics was the only branch I felt was worth investing my time in. It probably was my young arrogance. Orthodontics made me feel complete.

3. How do you balance your work and family.?



Honestly, I have never been able to achieve that balance. As I look back, I feel I gave all of myself to Orthodontics and the correct practice of Orthodontics thanks to the constant support of my

family – my parents, my wife, Dr Sarojini and children, Manasi & Shamolie. I was building my career and wanted to do good practice and my interest in Academics – hence was a teacher at Baharti

Vidyapeeth Dental College & Hospital in Pune. I do feel that I could have spent more time with my family. This I do regret and now I try to make up for that as much as possible. I know those years will never come back but one needs to keep trying. I believe it is a “catch-22” situation we all face and experience early in practice. I urge the young orthodontists of today not to run about and have multiple visiting practices. In the long run, it takes a toll on your mental and physical well-being.

4. Can you enlighten us with your journey both as IOS president and IBO chairman?



After completing my Board Certification, I always aspired to serve the board in the capacity of a Director. Quite a few times I took the back seat when I was requested by the senior members to give my then-seniors on the board a chance to become a Director. So I never contested elections for the Director post against any of my seniors. Later when I got my chance, I contested elections for the Directorship of the Board. Fortunately, I won and became a Director. My 5 years as Director, Secretary, Vice Chairman culminating in the Chairmanship of the Board, taught me quite a bit about administration and how to work as a team with my colleagues and friends. It was an extremely satisfying experience and was extremely happy when, under my leadership, we felicitated and honoured all the previous Chairmen of the Board on the eve of the Annual Indian Orthodontic Conference in Goa. At Goa, I got elected as the President of the Indian Orthodontic Society after a hard-fought election. This one year as President was a different experience- taught me a lot about politics within and beyond our shores, interpersonal relationships, true friendship and how to distinguish between friends and colleagues. It was a



great learning curve. I am sure all Presidents of IOS go through quite a few tribulations and unfortunately polarization within our society does happen. I do strongly feel that to do something substantial for our Society, a one-year tenure of Presidency is just not enough. We as a society need to deep thought this and for future generations, we need to amend our constitution so that the President of IOS gets a minimum tenure of at least 2 years so as to be effective to make a difference. This is more sorelevant today since our membership has grown to more than 7000. But – finally, I have absolutely no regrets and thoroughly enjoyed my Presidential tenure and was able to complete most of the goals I had set for myself as a President of our beloved Society.

5.How do you see the changes happening in the orthodontic field today with artificial intelligence taking over parts of it?



Any change is good but not in all aspects. I believe artificial intelligence is the future and one cannot deny it. It has opened up new avenues of treatment modalities and new innovations. It has given the entrepreneurs in our society a chance

to use their skills and hard work to simplify treatment modalities. It is like 2 sides of a coin. It is doing a lot of good but also some harm. I believe that the younger generation is filled with a lot of trepidation, not from the knowledge perspective but from the misuse of this technology. Changes are rapidly happening and I feel they are still not mature enough to digest these changes. This is a very important aspect to be thought and debated and dealt with- but this should be on another forum. But I am sure that an even playing field

for our members is just around the corner and they should not lose hope or get disillusioned.

6.What is your take on D2C aligners companies , can you suggest how to handle this menace?



D2C companies are here to stay and I sincerely urge our members not to get affected by them or their shenanigans. I believe they will die their natural death but it will take time. We need to have patience. We need to focus on public awareness and I strongly urge the IOS office bearers and the general membership to concentrate their efforts towards the public awareness campaign. Being conservative in our approach is not going to help in today's world, where opinions and actions are driven largely by social media. We need to spend the required time & money on public awareness in print, television and social media. It is said – ‘ there is no gain without any pain.’ You have to let go of your pockets to fight the D2C company menace. They are an immediate direct threat to our profession, especially to our freshly passed-out orthodontists. The battle is not only between these companies and us orthodontists but also these companies are pitting our general dental brethren against us. Also, ethics and morality have been thrown out of the window. But why bludgeon D2C companies alone? Even established aligner companies are target driven and they are literally making our orthodontists work for them by luring them with discounts, allowing the orthodontists to register their names with general dentists and increasing their case numbers etc., etc. Unfortunately for quick bucks, our orthodontic colleagues are falling prey to these unsavoury practices. Why blame the companies? We are also a party to this deterioration in ethics. Again this question needs to be discussed in detail.



7. Do you think practice management and Aligner therapy should soon become part of MDS orthodontics curriculum?

Absolutely. It is the need of the hour. Times have changed. It is a struggle to start your own practice and more of a struggle or it is next to impossible to start an exclusive orthodontic practice. The MDS curriculum must address the issue of practice management and there should be a dedicated number of hours allocated to teach aligner therapy, its mechanics, 3D printing, artificial intelligence, etc.

8. What is your suggestion to the IOS office bearers and general membership to take the specialty to even greater heights?

Our core education and clinical skills are extremely strong. As a society, we need to formulate a plan to encourage our members to present their work at other orthodontic societies around the world. We need to be represented and showcase our work at orthodontic conferences abroad in large numbers. Our strong presence needs to be emphasized. All our members deserve this chance without any bias, politics, or favoritism. Our speakers should get a chance to present within and beyond our

shores. IOS can conduct CDE programs to make our members understand and learn how to make good presentations.

I would also like to say the following:

IOS office bearers and general membership should agree to:

1. Allocate maximum funds to public awareness.
2. Form a dedicated committee of non-elected internal and external members mostly from the management field which will address any issue related to public awareness.
3. Form a committee of non-elected internal and external members having political connections to address any issues which need to be represented to the Government.

9. What is your advice to the younger generation in orthodontics?

You are the best. Be confident and believe that your future is the brightest. Keep yourself updated on the rapid new developments occurring in Orthodontics. Make time to attend and present at conferences held in our country as well as abroad. Keep on learning and always keep an open mind. 'One sentence' in a lecture may change your way of thinking about your subject. Never ever stop learning and don't get into the rut of politics within our society. Believe me that you have better things to do with your time.

10. Sir, how do you find the IOS Times newsletter, kindly give your suggestion to improve IOS Times future issue



The IOS Times newsletter is a fantastic initiative of the IOS and it should never be stopped. You all are doing a commendable job and it is making our members aware of the excellent activities being conducted by our society for the betterment of our members. My only suggestion would be that the font – size of the written matter should be increased, probably a change in font also is warranted. At-times it is too cluttered with all the news. You could think of more spacing between the events being reported and you could think of bringing out more issues of the newsletter if there are too many events occurring.

Thank you, Dr. Gaurav Gupta, for conducting this interview and giving me an opportunity to open my heart out about pressing topics that are challenging our profession today.

I would also like to thank the President, Secretary, IOS Times Convenors and all the office bearers of IOS as well as the EC members for this honour and opportunity to pen down my thoughts.

Jai Hind - Jai IOS - Jai Orthodontics





Dr. Sonali
Deshmukh
Birds
Photography



Oriental Dwarf Kingfisher (ODKF)

One of the most vibrant bird in kingfisher family and can be seen near Panvel, Karnala, Chiplun during July- August season. This was my first sighting of this beauty and what made it special was me going with bunch of teenagers! We started from Pune at around 3.30am and reached near jungle of Karnala around 5am. A Nature enthusiast was our guide who took us through lush green jungle which was around 2.5Km hike with tortuous path, Humidity, streams to cross and as it was end of rainy season all sorts of Reptiles. But after this arduous journey we reached the spot where ODKF Has made its nest. We all were excited and arranged our tripods and cameras. And here came this beauty where I almost forgot to click a picture. As we were in hide it were humid, mosquitos feasting on us and all of us hungry. Male and female took turns to feed the new hatchlings and we saw variety of kills in their beak. Both male and female came turn by turn almost for 11 times and we were lucky and mesmerized by display of vibrant colors. For almost 5 to 6 hours we all were enjoying the rustic beauty of jungle and its jewels.



Great Indian Hornbill



Great Indian Hornbill was always on my wish list. I had seen it before but could never capture it. January to April is their breeding season where Female finds a nest in a hole of a strong tree which is preferably above the canopy. My son who is an avid nature enthusiast and wildlife photographer got a tip off that a nesting site can be captured in the Ghats of Tamhini. The feeding activity is mostly seen in morning and there is no predictability of their frequency. We left Pune at 3am and reached around 5.30 am assuming we will be reaching first before other enthusiast arrive, but the spot was already busy with photographers. And then started the wait! Bird's photography is a game of patience, and we had to wait almost 3 hours before we could site the Female. It was month of May and scorching heat was challenging our patience but this majestic bird was on full display to satiate our Souls.



White bellied blue flycatcher



Yellow browed bulbul



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Black nape Monarch



Dr. Sonali Deshmukh Prof & Head,
Dr. D.Y.Patil Dental College, Pune
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IBO awareness program

Jaipur - 19-12-2022



Indian Board of Orthodontics in association with Rajasthan Orthodontic Study Group (ROSG), conducted its first IBO awareness program, Refining Orthodontic Treatment Protocols, on 19th November 2022 at Hotel Sarovar Premiere, Jaipur. It was the first IBO program of the IOS calendar year 2022-2023 and was inaugurated by IOS President Dr. Balvinder Singh Thakkar along with the conveners of Rajasthan Orthodontic Study Group Dr. Kapil Bansal, Dr. Shiva Ahuja Gupta and Dr. Divyaroop Rai. After the opening remarks by the IBO Chairman Dr. Ashwin George about the certification process ; the Board of Directors Dr. Rajaganesh Gautam, Dr. Salil Nene, Dr. Mala Ram Manohar and Dr. Ajit Kalia explained the case selection criteria and the evaluation process of the clinical cases under different categories for Phase –III examination. Dr. Jayesh Rahalkar , Dr. Sridevi Padmanabhan and Dr. Vighnesh Kailasam also contributed as speakers. The program was a huge success with more than fifty enthusiastic participants attending the program.







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IBO awareness program Bangalore



The IBO awareness program was organised by Bangalore Orthodontic study group & KLE's Institute of Dental sciences, Bangalore on December 16 th 2022. It was a meticulously planned by Organising chairperson Dr Anup Belludi , Chief Convenor of BOSG & Team KLE, Lectures were delivered by IBO Directors, Dr Ashwin George, Chairman IBO, Dr Rajaganesh Gautam, Vice chairman, Dr Mala Manohar , Dr Salil nene & Dr Ajit Kalia.

The Bangalore speakers were Dr Sudhindra, Dr MS Rani, Dr Ramchandra, Dr Sumitra & Dr Aravind. The program was well attended by more that 120 delegates





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KARYASHALA ON ORTHOGNATHIC SURGERY CONVENTION TO DIGITAL



“Karyashala on Orthognathic surgery: Convention to Digital” was conducted by Chandigarh Orthodontic Study Group in association with Unit of Orthodontics, Oral Health Sciences Center, PGIMER, Chandigarh. Dr Ashima Goyal, Head of Department, OHSC, PGIMER was the Chief guest and Dr SP Singh was the organising Chairman of the event. Lectures were presented at Hotel Shivalikview, Sector 17. Workshop with detailed demonstration and hands-on were held at PGIMER, Chandigarh between 26th-27th November 2022. The program included demonstration of facebow transfer, Mock surgery of semiadjustable articulators and 2D and 3D virtual surgery planning and splint fabricating using 3D Dolphin software. The lectures were attended by more than 90 delegates and workshop was limited to 42 candidates(which included faculty and 3rd year PG students from various colleges. The event was a grand success. The delegates were satisfied and gave positive feedback and suggested making it an yearly event would be very beneficial. The efforts of all the Conveners, COSG Dr Sarabjeet Singh, Dr Sanjeev Verma and Dr Deepankar Bhatnagar in planning and organising the event were highly appreciated.







“Art and Science of Crafting Standout Orthodontic Research” -

A 2-day seminar-cum-workshop organized by Department of Orthodontics, Faculty of Dentistry, Jamia Millia Islamia, New Delhi on 2nd-3rd December, 2022

The Department of Orthodontics, Faculty of Dentistry, Jamia Millia Islamia (JMI) successfully conducted the IOS Calendar event “Art and Science of Crafting Standout Orthodontic Research” on 2nd -3rd December, 2022 at FTK-CIT auditorium, Jamia Millia Islamia.



The 2-day seminar-cum-workshop was organized by Prof (Dr) Priyanka Kapoor (Organizing Chairperson), Prof (Dr) Harneet Kaur (Organizing Secretary) and Prof (Dr) Panchali Batra (Scientific Chairperson) along with their diligent organizing committee of Jamia Millia Islamia. The Chief Patron for the event Prof Najma Akhtar, Vice Chancellor, JMI and Patron Prof. Nazim Husain Jafri, Registrar, JMI and Prof (Dr) Sanjay Singh, Dean, Faculty of Dentistry, JMI supported the event unconditionally. The event was braced by the gracious presence of President IOS Prof (Dr) Balvinder Thakkar and Secretary IOS Prof (Dr) Sanjay Labh. Further, Orthodontic Study Group of Delhi (OSGoD) with its conveners, Prof (Dr) Rajiv Ahluwalia, Prof (Dr) Anup Kanase, and Prof (Dr) Ashish Gupta also extended their full support. President, World Federation of Orthodontics, Prof (Dr) Nikhilesh Vaid also joined the event on the second day.



The first of its kind IOS event with speakers, panelists and delegated on hybrid mode, it was a huge success with 24 speakers, over 150 delegates and faculty physically joining the event, and over 100 participants joining online from all across the world. More than 28 colleges from 12 states of India, from Chennai to Himachal Pradesh participated in the event. In addition, multiple experts from very well reputed national and international institutes joined the event. National institutes included All India Institute of Medical Sciences (AIIMS)-New Delhi, AIIMS Jodhpur, Maulana Azad Institute of Dental Sciences (MAIDS), Aligarh Muslim university, PGI-Chandigarh, PGIMS-Rohtak, MS Ramaiah University of Applied Sciences - Bangalore, Indian Institute of Technology (IIT)-Delhi, Institute of Genomics and Integrative biology (IGIB), Dept. of Biotechnology (Jamia Millia Islamia) and funding agencies like Indian Council of Medical Research (ICMR) and Department of Biotechnology (DBT) Govt of India, to name a few. International speakers joined from University of Puthishashtra-Cambodia, University of Connecticut-USA, Universiti Teknologi MARA (UiTM)- Malaysia, and University of Manchester-UK.

The sessions were carefully crafted to benefit researchers at all levels. They included didactic lectures on Steps of Basic Research by Dr OP Kharbanda, Dr Ritu Duggal, Dr Badri Thiruvengkatachari, Dr Tulika Tripathi, Dr Sandhya Maheshwaroi and Dr Mridula Tak. An overview of research proposal writing from researcher's and funding agency's perspective was undertaken by Dr Madhumita Premkumar and Dr Nitika Monga. A symposium on interdisciplinary research saw an interactive discussion on biomaterials, biotechnology, genetic, and digital research by panelists, Dr Sridevi Padmanabhan, Dr Zahid Ashraf, Dr Bhabhani K Satapathy, Dr Sridhar Sivasubbu, and Dr Anand Marya, moderated beautifully by Dr Puneet Batra. This was followed by a panel discussion on scope of

research in India and abroad with active participation of panelists both physically and on hybrid mode- Dr Aida Nur Ashikin Binti Abd Rahman, Dr Manoj S Rohilla, Dr Badri Thiruvengkatachari, Dr Nikhilesh Vaid, Dr Nitika Monga, moderated exquisitely by Dr OP Kharbanda. In addition, for hands-on experience for the participants, there were three workshops- Software for handling research by Dr Nitesh Tiwari and Dr Anurag Negi; Literature search Dr Deepika Mishra and Dr Priyanka Kapoor; and Citation handling and Bibliography management by Dr Aman Chowdhry and Dr Harneet Kaur.

The event has been able to open a dialogue on importance and scope of interdisciplinary research in Orthodontics in India, research opportunities abroad and how to bridge the gap of researcher's and funding agencies perspective.



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Jamia Nagar, New Delhi, 110025, DL, India
Lat 28.559685, Long 77.283164



Workshop on Literature search and Bibliography Management



New Delhi, Delhi, India

Inaugural address by Chief Guest, Prof Najma Akhtar, Hon'ble Vice Chancellor, JMI _2nd December



New Delhi, Delhi, India

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Inaugural Programme and release of Souvenir



Virtual Lecture by Prof OP Kharbanda, Pro-Vice Chancellor, Ramaiah University



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Poster Presentation on Applied Sciences and Clinical Research in Orthodontics by the delegates



The IOS Practice Management WEBINAR SERIES



Speakers

Dr. A. Nandakumar

Dr. Tapasya Juneja

"Inventory management in orthodontic practice"

"Key to Successful visiting orthodontic practice"

Sunday, 11th Dec 2022

7:00 PM (2 hour session)

On the IOS ZOOM Platform

DR. BALVINDER SINGH THAKKAR
President
Indian Orthodontic Society

DR. SANJAY LADH
Hon. Secretary
Indian Orthodontic Society

DR. AJAY KUBAVAT
Chairman
Practice Management Committee, IOS

Presented by
PRACTICE MANAGEMENT COMMITTEE, IOS

PRACTICE MANAGEMENT WEBINAR SERIES SESSION 2

The second edition of the practice management webinar series - 2022 was held on 11.12.22 on the Zoom platform. The speakers were Dr. Tapasya Juneja Kapoor from New Delhi speaking on 'Keys to successful visiting orthodontic practice' and Dr. A. Nandakumar from Chennai speaking on 'Inventory management in orthodontic practice'. The program commenced with the lighting of the ceremonial lamp. This was followed by the presidential address by President IOS, Dr. Balvinder Singh Thakkar. The first speaker of the day, renowned clinician, Dr. Tapasya Juneja Kapoor was introduced by EC member, Dr. Siddarth Shetty. Dr. Tapasya Kapoor then regaled the online audience with a masterclass on all aspects of visiting practice, including marketing, pricing, problem solving etc. After her lecture she was presented with an E-certificate by Dr. Munish Reddy, Treasurer, IOS. The second lecture of the day was by senior teacher and renowned practitioner, Dr. A. Nandakumar, who was introduced by Dr. Amit Bharadwaj, Hon. Joint secretary IOS. Dr. Nandakumar then proceeded to share invaluable pearls of wisdom with the audience, on how to judiciously manage ones resources and economize, while maintaining high treatment quality. An E-certificate was handed over to Dr. Nandakumar by Dr. Jayesh Rahalkar, President elect, IOS. The Q&A session with the speakers conducted by EC member, Dr. Amir Sheikh was insightful and engaging. The vote of thanks for the program was rendered by EC member, Dr. Deena Dayalan. Dr. Shailesh Shenava, Vice President, IOS delivered the closing remarks and concluded the program. The program was expertly compered by Dr. Ajay Kubavat, Chairman of the IOS practice management committee, which hosted the program. Dr. Gaurav Gupta and Dr. Divyaroop Rai gave expert technical inputs to the committee.





THE IOS FRIDAY RENDEZVOUS

TOPIC : EXTRACTIONS : DECISIONS, DECISIONS...



Speaker : Prof. Padhraig Fleming
Dublin, Ireland

28th Oct, 2022
07:00 PM IST

IOS FRIDAY RENDEZVOUS EXTRACTIONS: DECISIONS, DECISIONS

Prof. Padhraig Fleming (Dublin, Ireland)

The lecture series “IOS Friday Rendezvous” kick started for the calendar year 2022 – 2023. It was organised as an online webinar on the topic – Extractions: Decisions, Decisions... on October 28th, 2022. Despite being one of the busy day for Orthodontists, the webinar was witnessed by as many as 535 participants.

The aim of the webinar was to help us understand better the role of making accurate decisions to carry out extractions for an effective Orthodontic treatment.

The inaugural ceremony was started at 7 pm by Dr. Amesh Golwara where he welcomed the speaker, principal office bearers and the Executive Committee Members along with the other delegates.

Dr. Golwara along with his committee members; Dr. Ajay Kubavat, Dr. Jitendra Bhagchandani, Dr. Uday Kumar and Dr. Sheetal Patni showed immense commitment by hosting this entire show despite their extremely busy schedules.

Dr. Sanjay Labh (Honorary Secretary, IOS) delivered his welcome speech to the keynote speaker, Prof. Padhraig Fleming and also shared his thoughts on the topic.

The speaker, Prof. Fleming, shared his expert in depth knowledge on the various decisions which have to be taken while performing extractions in a particular case. He also gave a deep insight on how to manage the enigma of space closure post extractions.

Towards the end of the program, a Q&A session was conducted by Dr. Ajay Kubavat and Dr. Amanish Singh Shinh where Prof. Fleming answered all the queries and clarified the doubts of the delegates. In the end, the vote of thanks was delivered by Dr. Sheetal Patni followed by a virtual certificate of appreciation which was handed to the guest speaker by Dr. Shailesh Shenava (Vice President, IOS) and Dr. Amit Bharadwaj (Joint Secretary, IOS).

THE IOS FRIDAY RENDEZVOUS

TOPIC : EXTRACTIONS : DECISIONS, DECISIONS...

About Speaker

Padhraig Fleming is Chair of Orthodontics at Trinity College Dublin. He has published over 150 peer-reviewed papers and has received numerous research awards including the Turpin Award from the AAO in 2021 and both the Chapman Prize from the British Orthodontic Society and the B.F. and Helen E. Dewel Award from the AAO on two occasions. He has co-authored three successful orthodontic textbooks: 'Clinical Cases in Orthodontics', 'Functional Appliances: Theory and Practice' and in 2019 'Fixed Orthodontic Appliances: A practical guide' and is a co-author of the 7th edition of Graber's text which will be published in the coming months. He lectures extensively internationally and runs a very successful online course - Orthodontic Fundamentals. He is an Associate Editor of American Journal of Orthodontics & Dentofacial Orthopedics, British Dental Journal, Journal of Dentistry, Progress in Orthodontics.

Prof. Padhraig Fleming
Professor/Consultant in Orthodontics
Programme Lead, Doctorate in Orthodontics
Division of Public and Child Dental Health
Dublin Dental University Hospital, Ireland

Google Registration Form :
<https://forms.gle/Bt5zrIU3JJVD8Zyk7>



IOS FRIDAY RENDEZVOUS

ANATOMY, THE KEY FACTOR IN SUCCESS OF MINI IMPLANTS

Dr. Elsa Arango (Bogota, Columbia)



www.iosweb.net

THE IOS FRIDAY RENDEZVOUS

TOPIC : ANATOMY, THE KEY FACTOR IN SUCCESS OF MINI IMPLANTS



25th Nov, 2022
07:00 PM IST

Speaker : Dr. Elsa Arango



www.iosweb.net

THE IOS FRIDAY RENDEZVOUS



TOPIC : ANATOMY, THE KEY FACTOR IN SUCCESS OF MINI IMPLANTS

About Speaker

- 
- Dr. Elsa Arango
- Dr. Elsa Arango is an Associate Professor in the post-graduate Orthodontics program at UniCIEO since June 2014.
 - She is an international speaker in the field of anatomy and biomechanics, especially in the area of TADS.
 - She has been an active member of the "Sociedad Colombiana de Ortodoncia" (Colombian Orthodontics Society).
 - She is also a pro-active member of IOSS (International Orthodontic School and Services), Switzerland.
 - She is also one of the founding members of Biodeme (Biomechanics Development), Switzerland 2018.
 - She has been an active IADR Member since June 2016.
 - She is an active member of CTOR (Center for Translational Orthodontic Research) Hoboken, New Jersey.
 - She was the academic designer of the program UNISAS, 2016 (Universal Skeletal Anchorage Systems) and also the BME Program, 2017.

The lecture series "IOS Friday Rendezvous" continued its journey as an online webinar on the topic – Anatomy, The key factor in success of mini implants on November 25th, 2022. The webinar was witnessed by more than 500 participants.

The aim of the webinar was to help us understand better the role of mini implants in Orthodontics and anatomical considerations which has to be primarily taken into account for successful implant procedure.

The inaugural ceremony was started at 7 pm by Dr. Ajay Kubavat & Dr. Amesh Golwara where they both welcomed the speaker, principal office bearers and the Executive Committee Members along with the other delegates.

The welcome address and introductory remarks were given by Dr. Balvinder Singh Thakkar (President IOS) followed by Dr. Sanjay Labh (Honorary Secretary IOS).

The speaker, Dr. Arango, shared her expertise and in depth knowledge of mini implants. She spoke extensively on the particular modality and also gave a deep insight on role of anatomy in success of mini implants in Orthodontic therapy.

Towards the end of the program, a Q&A session was conducted by Dr. Ajay Kubavat, Dr. Vignesh Kailasm and Dr. Rajaganesh Gautam where Dr. Arango answered all the queries and clarified the doubts of the delegates. In the end, the concluding remarks and vote of thanks was delivered by Dr. Munish Reddy followed by a virtual certificate of appreciation which was handed to the guest speaker by Dr. Shailesh Shenava (Vice President, IOS) and Dr. Amit Bharadwaj (Joint Secretary, IOS).



SOUTHWEST TAMILNADU STUDY GROUP

Minutes on

DAMON SYSTEM EXPERTS CONFERENCE

Date: 18.12.2022

SouthWest TamilNadu Orthodontic Study Group along with Ormco conducted a Continuing Dental Education programme DAMON SYSTEM EXPERTS CONFERENCE- One day CDE program on 18.12.2022 in Hotel CJ Pallazzo, Salem. Participants included private practitioners, faculties and students from various colleges took part in this full day program.

The program commenced with the Tamilthaivazhthu and lighting of kuthuvizhaku by convenors of Southwest



Tamilnadu orthodontic study group – Dr. Nagalakshmi and Dr. Jaysonroy and the guest speakers Dr. Gurkeerat Singh, Dr. Vadivel Kumar & Dr. Venkatesh Garla. Dr. Jason Roy, convener SWTNOSG welcomed the gathering and introduced the first speaker Dr. Gurkeerat Singh. Dr. Gurkeerat Singh presented the lecture on Contemporary treatment planning & case management – beginning with end in sight.

Following Dr. Gurkeerat Singh lecture, Dr. Vadivel Kumar spoke on the topic “Class II correction – Oldest and the Latest”

Dr. Venkatesh Garla spoke on the topic Simplifying complex malocclusions with the Damon system – A beginner’s road map to success which was followed by lunch.



The Post Lunch lectures were taken by Dr. Gurkeerat singh and Dr. Vadivel kumar on the topics “Managing the maxillary canine” and “Treating skeletal class II & III malocclusions with TADs – extra radicular screws”

All the speakers were felicitated which was followed by Hands on demo on placement of the TADs by Dr. Vadivel Kumar and Damon placement and bonding by Dr. Nagalakshmi.



The vote of thanks was proposed by Dr. Nagalakshmi. The 59 participants gave a good feedback about the content, presentation, topics chosen, speakers and the arrangements of the program.



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57th IOC

Meerut

Date : 15th to 17th September 2023

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Organizing Secretary

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Scientific Chairman

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IOS NATIONAL PG ORIENTATON PROGRAMME

ORTHO-PATHASHALA

5th & 6th JAN-2023



Venue: KLE Centenary Convention Centre
JNMC Campus Belgaum

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Souvenir Memento: Dr Aditi Rao

Stage: Dr Trupti Sadhunavar

Transport & Accommodation: Dr Pravin Mandaki

Scientific Programme

Topic	Speaker
Art of presenting seminar	Dr. Silju Mathew
Art of presenting Journal Club	Dr. Jayesh Rahalkar
Photography	Dr. Kuldeep DMello
Pre-clinical work & clinical records	Dr. Kiran Kumar
Mental Health	Dr. Swaroop Savanur
Communication skills	Dr. Sameer Patil
Literature search & PG Dissertation(Synopsis)	Dr. Ameet Revankar
Art of Scientific writing & reading	Dr. Vignesh Kailasam
Digital Technology, Art of preparing presentation	Dr. Gaurav Gupta
Biostatistics	Dr. Ravi Shirahatti
Research methodology	Dr. Ravi Shirahatti
Good Clinical Practice	Dr. P A Patil
Journey of a post graduate student	Dr. Anup Belludi

Star Speakers

Dr. Silju Mathew



Dr. Jayesh Rahalkar



Dr. Kuldeep DMello



Dr. Kiran Kumar



Dr. Swaroop Savanur



Dr. Sameer Patil



Dr. Ameet Revankar



Dr. Vignesh Kailasam



Dr. Gaurav Gupta



Dr. Ravi Shirahatti



Dr. P A Patil



Dr. Anup Belludi



Registration Details

Registration Timeline

Early bird registration up to 24th Dec. 2022

Rs. 3500

After 24th Dec. 2022 or spot registration

Rs. 4000

Registration includes lunches and high tea only

Registration Link:

https://docs.google.com/forms/d/e/1FAIpQLScKOboLFsoU6HssX4kCLWxWJ2mj8uUnvZ5figdxfXrHB4iojQ/viewform?usp=sf_link

Registration queries: Dr Sumedh +91 97431 55090 Dr Amit +91 98862 32242

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Belgaum-590010

Accommodation Details

HOTEL	Distance From Venue	Rooms Starts From (+GST)	Contact Details
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EEFA	3 KM	4200/-	0831-2498777
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Team "Ortho-Pathashala"
Department of Orthodontics
KLE VK Institute of Dental Sciences Belgaum

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2023



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PRE CONVENTION
COURSES

PAPER & POSTER
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TABLE CLINIC

CULTURALS
EMBRACE 2023

WORKSHOP

HAPPY NEW YEAR

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26TH IOS NATIONAL PG STUDENTS CONVENTION LUCKNOW

ADVENT OF DIGITAL ERA

FUTURISTIC ORTHODONTIA

16TH-19TH FEB, 2023



DAY 1 PRE CONVENTION COURSES- 16-02-2023



3D Digital Orthognathic treatment planning:
Demonstration and Hands On

Dr. SP Singh
Dr. Sanjeev Verma
Dr. Vinay Kumar
Dr. Raj Kumar Verma

Nuts and Bolts of Systematic Reviews

Dr. Priyanka Kapoor
Dr. Harneet Kaur
Guest Resource Faculty:
Dr. Aman Chowdhary

Simplified Biomechanics and Evidence-Based
Approach in Aligner Orthodontics

Dr. Milind Darda
Dr. Vishal Dhanjani

In House Aligners- The Need Of Hour

Dr. Gurkeerat Singh
Dr. Ajit Jaiswal

Problem Based Learning

Dr. Panchali Batra
Dr. Aravind Sivakumar

Simplified Lingual Orthodontics with Lingual
Self-ligating System

Dr. Dharmadeep

A Comprehensive Workshop on efficient
integration of Damon system with TADS.


Dr. MS Kannan

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DAY 2 PRE CONVENTION COURSES- 17-02-2023



Functional Appliances – Lectures Cum Hands On
Course : An Interactive Sessions

Dr. Pradeep Tandon, Dr. Ragni Tandon,
Dr. Pradeep Raghav, Dr. Vinay Chugh
Dr. Ajit Parihar, Dr. Amit Khera
Dr. Dipti Shastri

Skeletal Anchorage Devices: Basics and Beyond

Dr. Tulika Tripathi
Dr. Priyank Rai

Intrusion Arch Mechanics In Contemporary
Orthodontics

Dr. Amesh Golwara
Dr. Kiran Kumar
Dr. Aftab Azam
Dr. Anand Tripathi
Dr. Pratik Chandra

Comprehensive management of Cleft Lip and
Palate: Hands On Workshop on Naso-alveolar
Moulding

Dr. Puneet Batra
Dr. Sukhdeep Singh Kahlon
Dr. Virag Bhatia
Dr. Partha Pratim Choudhury

A to Z of Biomechanics in MBT

Dr. Amit Bharadwaj
Dr. Neal Kedia
Dr. Abhay Jain
Dr. Sonahita Agarwal

Digital Photography

Dr. Kuldeep D'Mello

The A to Z of Align Digital Experience

Dr. Tapasya Juneja

All about Damon System- Philosophy, Bracket
Positioning and Torque Selection

Dr. Firas Hamzeh

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Indian Orthodontic Society and

Department of Orthodontics & Dentofacial Orthopedics
Dr. R. Ahmed Dental College & Hospital, Kolkata

Present

NATIONAL INTEGRATED TYPODONT WORKSHOP



"Ortho - Quest"

Learn to bend, Bend to learn...



Venue

Dr. R. Ahmed Dental College
& Hospital, Kolkata

27th - 29th January
2023

Organising Chairman

Dr. Amal Kumar Chakrabarti

Mob. : +91 98302 29416

Organising Secretary

Dr. Partha Pratim Choudhury

Mob. : +91 87777 31363

REGISTRATION CHARGES

Hurry up! Early bird Registration is extended till 18th December 2022

	Till 11th December 2022	Till 20th January 2023	After 20th January 2023 and Spot Registration
Student Members	5800/-	6300/-	6500/-
Life Members	6300/-	6800/-	7000/-

MODE OF PAYMENT

Account Name : NITW KOLKATA
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Ortho - Quest

NATIONAL INTEGRATED TYPODONT WORKSHOP (Lecture and Hands on)

Venue : Dr. R. Ahmed Dental College & Hospital, Kolkata, West Bengal
27th - 29th January, 2023



Topic : 1) Standard edgewise
2) Myofunctional appliances

Speaker
Dr. Maninder Singh Sidhu
Senior Practitioner

DATE : 27th JANUARY, 2023



Topic : Standard edgewise

Speaker
Dr. Pradeep Raghav
Professor & Head, Dept. of Orthodontics,
Subharti Dental College

DATE : 27th JANUARY, 2023



Topic : PEA and MBT Philisophy
& Biomechanics

Speaker
Dr. Puneet Batra
PG Director, Manav Rachna International
University, Faridabad

DATE : 28th JANUARY, 2023



Topic : PEA and MBT Philisophy
& Biomechanics

Speaker
Dr. Divyaroop Rai
Professor, Dept. of Orthodontics, NIMS
Dental College & Hospital, Jaipur

DATE : 28th JANUARY, 2023



Topic : 1) Self Ligation in Orthodontics
2) Segmental Arch Mechanics

Speaker
Dr. Sanjay Labh
Hony. Secretary, Indian Orthodontic Society

DATE : 27th & 28th JANUARY, 2023



Topic : Begg Philosophy & Biomechanics

Speaker
Dr. Sanjeeb Sahu
Senior Practitioner

DATE : 27th JANUARY, 2023



Topic : Digital Orthodontics :
Aligners & Beyond

Speaker
Dr. Balaji Krishnan
Prof. & Head., Dept. of Orthodontics,
Tajore Dental College & Hospital, Chennai

DATE : 29th JANUARY, 2023



Topic : 1) Begg Philosophy 2) Myofunctional Appliances
3) MBT Philosophy

Speaker
Dr. Haritha Sudhakar
Associate Professor, Dept. of Orthodontics
Sri Ramachandra Institute of Higher
Education and Research

DATE : 27th & 28th JANUARY, 2023



Topic : Standard edgewise

Speaker
Dr. T. P. Chaturvedi
Professor & Incharge,
Dept. of Orthodontics, BHU

DATE : 27th JANUARY, 2023



Topic : 1) Lingual Orthodontics
2) Cleft Orthodontics

Speaker
Dr. Suryakanta Das
Professor & Head, Dept. of Orthodontics
SCB Dental College, Cuttack

DATE : 29th JANUARY, 2023



Topic : Biomechanics of
segmented arch technique

Speaker
Dr. Sarvraj Kohli
Professor & Head., Dept. of Orthodontics,
Hitkarini Dental College & Hospital

DATE : 28th JANUARY, 2023



Topic : Biomechanics of
segmented arch technique

Speaker
Dr. Vinay Chugh
Additional Professor & Section Incharge
(Orthodontics), Dept. of Dentistry, ALLMS, Jodhpur

DATE : 28th JANUARY, 2023

PROGRAMME SCHEDULE

DAY 1

27th January, Friday

08:00 AM – 09:00 AM **Registration & Breakfast**

09:00 AM – 09:30 AM Standard Edgewise Philosophy, Basic principles & Stages of treatment

09:30 AM – 12:30 PM Wire bending exercises (Demonstration and Hands on)

- i) Making arch forms with turret ii) 1st Order Bend iii) 2nd Order Bend
iv) 3rd Order Bend v) Curve of Spee vi) Incorporating V bends

12:30 PM – 01:30 PM **INAUGURATION**

01:30 PM – 02:00 PM **Lunch**

02:00 PM – 02:30 PM Lecture- overview of Begg's Technique

02:30 PM – 03:30 PM Demonstration and Hands on

- i) Fabrication of stage 1 archwire in A.J. Wilcock wire with cuspid hook
ii) Uprighting spring and Torquing auxiliary

03:30 PM – 03:45 PM **Tea Break**

03:45 PM – 05:30 PM Self Ligation in Orthodontics

- 05:30 PM – 06:30 PM i) An overview of myofunctional and orthopedic appliances
ii) Demonstration of construction bite

DAY 2

28th January, Saturday

08:00 AM – 09:00 AM **Breakfast**

09:00 AM – 09:30 AM **Lecture** – Biomechanics of segmented arch mechanics

09:30 AM – 10:30 AM Demonstration and Hands on : Fabrication of T-loop

10:30 AM – 11:00 AM **Lecture** – Intrusion arches

11:00 AM – 11:15 AM **Tea Break**

11:15 AM – 01:30 PM Demonstration and Hands on

- i) K-SIR Arch ii) Burstone 3 piece intrusion arch iii) Utility arch

01:30 PM – 02:00 PM **Lunch**

02:00 PM - 02:30 PM **Lecture** – An overview of PEA technique

02:30 PM – 03:00 PM Roth philosophy & concept of functional occlusion

03:00 PM – 03:45 PM An overview of MBT philosophy

03:45 PM – 04:00 PM **Tea Break**

04:00 PM – 06:30 PM Demonstration and Hands on : Different stages of MBT technique and Bracket Placement

DAY 3

29th January, Sunday

08:00 AM – 09:00 AM **Breakfast**

09:00 AM – 09:30 AM Lingual orthodontics and principles of bracket customization

09:30 AM – 10:30 AM Lingual Biomechanics and indirect technique of lingual bracket bonding

10:30 AM – 01:00 PM i) Making individualized arch form template and fabrication of Lingual Initial archwire with NiTi

(Tea break in between)

- ii) Lingual Final Archwire fabrication iii) Ligation ties and technique

01:00 PM – 01:30 PM **Lunch**

01:30 PM – 03:30 PM Digital Orthodontics- Aligners and Beyond.

03:30 PM – 05:00 PM Cleft orthodontics (Lecture) and demonstration of lip taping & NAM

05:00 PM – 06:00 PM Distribution of certificates to registered delegates and valedictory function